



### Special Symposium 3

Radiation Protection Committee

**Sunday, October 20, 15:00 - 16:30**

#### Session Title

**Creating a Patient-Centered Care Culture in Nuclear Medicine: Challenges and Best Practices**

#### Moderators

**Elena Prieto** (Pamplona, Spain)

**Michael Lassman** (Würzburg, Germany)

#### Round Table Participants

**Chiara Maria** (Milan, Italy)

Point of View: Understanding patients' needs and fears in Nuclear Medicine: a comprehensive approach.

**Martin Lee** (London, UK)

Point of View: Patient education strategies for promoting positive outcomes in Nuclear Medicine.

**Erik Briers** (Antwerp, Belgium)

Point of View: Being on the patient's shoes: a personal journey through Nuclear Medicine procedures.

#### Educational Objectives

1. Understand the importance of patient-centered care in Nuclear Medicine and its impact on treatment outcomes.
2. Identify common challenges faced by healthcare professionals in providing patient-centered care within the field of Nuclear Medicine.
3. Explore best practices for effectively addressing patients' needs and concerns throughout the Nuclear Medicine process.
4. Learn strategies for enhancing patient education and communication to promote positive experiences and outcomes.
5. Gain insights into the emotional and psychological aspects of patients undergoing Nuclear Medicine procedures.
6. Recognize the significance of empathy, compassion, and cultural sensitivity in delivering patient-centered care.

#### Summary

We understand that our mission is not fulfilled if we do not meet our patient's needs. In this session, we aim to actively involve patients and gain a deeper understanding of how we can effectively address their needs, concerns, and fears. The goal is to enhance patient confidence in our work while reducing the stress associated with treatments and diagnoses. By fostering an open dialogue, we seek valuable insights from patients to identify areas where we can improve and better serve them.



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### Key Words

Patient-centered care; patient needs; empathy; emotional aspects