



### CTE Session 3

Technologists Committee

**Sunday, October 20, 16:45 - 18:15**

#### Session Title

**Patient Advocacy in Nuclear Medicine**

#### Chairpersons

**Luísa Roldão Pereira** (Maidstone, UK)

**Ângelo Cardoso** (Bern, Switzerland)

#### Programme

16:45 - 17:15 **Nicola Lewis** (Medway, UK): Patient advocacy in practice - the experience of a Patient Experience Lead

17:15 - 17:45 **Rebecca Lo Bue** (Brussels, Belgium): Enhancing access to radiotheranostics for cancer care, worldwide – real life examples

17:45 - 18:15 **David Gilmore** (Boston, USA): What does Patient Advocacy in Nuclear Medicine look like from across the Atlantic?

#### Educational Objectives

1. To promote knowledge around the concepts of patient advocacy, patient experience, safeguarding principles, and upholding patient's best interests.
2. To discuss strategies that Nuclear Medicine Technologists and multidisciplinary teams can adopt by engaging and impacting at micro, meso and macro healthcare levels, and across different socio-demographics and diversity of healthcare settings.
3. To encourage the Nuclear Medicine workforce to foster partnerships with patient associations, industry, and research organisations in favor of the patient.

#### Summary

The European Patient Advocacy Institute indicates three main areas where patient advocacy should be paramount. It highlights the importance of empowering patients through education, the need to provide resources and opportunity for participation in research, and to influence policy. The active inclusion of the patients' views ensures that plans and processes really focus on interests and needs of patients and their relatives.

Other key aspects include safeguarding that the patient involvement is considered from the onset in whichever projects, initiatives, and decision-making about their own health, originating productive collaboration among a range of stakeholders. Lastly, reflecting on how diversity, equity, and inclusivity matter to patients as individuals and their impact on the wellbeing of their community.

In this session, we propose to discuss how these concepts apply to Nuclear Medicine services, and draw input from experts on how to maximise our role as technologists in positively affecting patients' lives, whether they are undergoing diagnostic or therapeutic procedures.



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### Key Words

Patient advocacy; patient experience; cancer; computed tomography; hybrid imaging; nuclear medicine; oncology; positron emission tomography